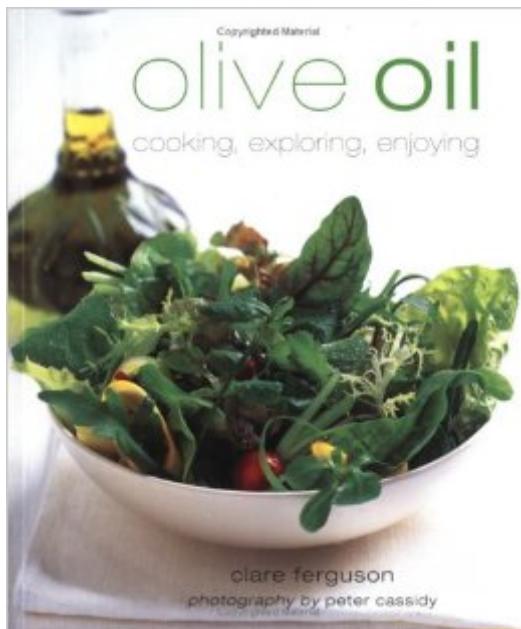


The book was found

Olive Oil: Cooking, Exploring, Enjoying



Synopsis

Olive oil is everyone's favourite ingredient--it's delicious, versatile, and healthy. Available in varieties from mild to peppery, there's one for every dish. It's a winner used alone for dipping or as a main ingredient in a classic sauce such as aioli. There are hundreds of different olive oils. A helpful introduction sorts out the cold-pressed from the unfiltered and helps you decide what to buy. After that, it's time to get cooking. Appetizers include Olive Oil and Garlic Bruschetta and warm Bagna Cauda. For an entree, you could try Spanish Roasted Vegetable Salad or Chicken with Tomato, Garlic, and Olives. *The perfect gift for a gourmet or cook. *Includes an invaluable chapter of sauces and dressings, from Vinaigrette to Pesto.

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